

Freshman Year



www.jcu.edu/careercenter

Your freshman year is the perfect time for exploring all of your interests and the vast number of opportunities that are out there. It's not too early! Following is a checklist of some suggestions to help you build your resume and get on the right path:

- If you have not yet declared a major, visit the career center and seek out career counseling to get a better idea of what you are good at and what interests you.
- Check out *Do What You Are* and *Vault* to explore some potential majors and occupations of interest.
- If you have declared a major, consider getting a part-time job on or off campus that relates to your career field of interest.
- Join at least one club or activity this year. An organization that relates to your major or career interest would be helpful.
- Participate in at least one voluntary activity this year.
- Connect assignments, papers, speeches, and projects to your field of interest. It's a great way to start exploring these areas and developing expertise in a field while completing your assignments at the same time!
- Consider experiential learning opportunities, Career Education classes (CE 111 for undecided students or CE 101 for students who have declared a major), study abroad, community service programs, etc.
- Attend the Career Fair. If you are not ready to apply for a position, that is ok, but attending will give you a chance to see what it is like and prepare yourself for the following year.
- Attend informational sessions, Pre-Nights, and workshops to gather insight and advice from successful people in your field of interest. (Check Career Connection for upcoming events!)
- Visit the Career Center for help in getting started on your resume. Starting your resume now will make it easier in the future. Updating it at the end of every semester will keep you from forgetting anything.
- Check out Career Connection for summer jobs and internships.
- Get a summer job or internship in your field of interest.