

Counselor Preparation Comprehensive Examination (CPCE) Textbook List

The following compilation reflects the data gleaned from a survey of counselor training programs using the Counselor Preparation Comprehensive Examination (CPCE). The survey, conducted between the summer of 2003 and the spring of 2004, asked the instructors of classes designed to account for the 8 CACREP core areas to indicate which textbooks are assigned in their syllabi. Results are presented in order of frequency of assignment (higher frequencies at the top) and alphabetical order within frequency categories. While CPCE item writers do refer to these texts, and recommend them as study aids, inclusion and ranking on this list do not constitute endorsement of any one text over another.

Human Growth and Development

American Psychiatric Association. (2000). *DSM-IV-TR; Diagnostic and statistical manual of mental disorders, text revised*. Washington, DC: Author.

Santrock, J. W., (2003). *Life-span development* (9th ed.). New York: McGraw-Hill.

Gilligan, C. (1983). *In a different voice: Psychological theory and women's development* (Rev. ed.). Cambridge, MA: Harvard University Press.

Ivey, A. E. (1993). *Developmental strategies for helpers: Individual, family, and network interventions*. Pacific Grove, CA: Brooks/Cole.

Social and Cultural Foundations

Sue, D. W., & Sue, D. (2002). *Counseling the culturally diverse: Theory and practice* (4th ed.). New York: Wiley.

Atkinson, D. R. (2003). *Counseling American minorities: A cross cultural perspective* (6th ed.) New York: McGraw-Hill.

Goldenberg, I., & Goldenberg, H. (2003). *Family therapy: An overview* (6th ed.). Pacific Grove, CA: Brooks/Cole.

Ivey, A. E., Ivey, M. B., & Simek-Morgan, L. (2002). *Counseling and psychotherapy: A multicultural perspective* (5th ed.). Boston: Allyn & Bacon.

McGoldrick, M., Pearce, J. K., & Giordana, J. (Eds.). (1996). *Ethnicity and family therapy* (2nd ed.). New York: Guilford.

Ponterotto, J., Casas, J. M., Suzuki, L. A., & Alexander, C., M. (Eds.). (2002). *Handbook of multicultural counseling* (2nd ed.). Newbury Park: Sage.

Sue, D. W., Ivey, A. E., & Pederson, P. (1996). *A theory of multicultural counseling and therapy*. Pacific Grove, CA: Brooks/Cole.

Smith, T.B. (2004). *Practicing multiculturalism: Affirming diversity in counseling and psychology*. Boston: Allyn & Bacon.

Counselor Preparation Comprehensive Examination (CPCE) Textbook List

Helping Relationships

- Corey, G. (2004). *Theory and practice of counseling and psychotherapy* (7th ed.). Pacific Grove, CA: Brooks/Cole.
- Corey, G. (2000). *Student manual for theory and practice of counseling and psychotherapy*. Pacific Grove, CA: Brooks/Cole.
- Egan, G. (2001). *Exercises in helping: A training manual to accompany the skilled helper* (7th ed.). Belmont, CA: Wadsworth.
- Egan, G. (2001). *The skilled helper: A problem management approach to helping* (7th ed.). Belmont, CA: Wadsworth.
- Hackney, H., & Cormier, L. S. (2005). *The professional counselor: A process guide to helping* (5th ed.). Boston: Allyn & Bacon.
- Ivey, A. E. (2002). *Intentional interviewing and counseling: Facilitating a client development in a multicultural society* (5th ed.). Belmont, CA: Wadsworth.
- Cormier, L. S., & Hackney, H. (1999). *Counseling strategies and interventions* (5th ed.). Boston: Allyn & Bacon.
- Corsini, R. J. & Wedding, D. (2000). *Current psychotherapies* (6th ed.). Itasca, IL: Peacock.
- Sharf, R. S. (2004). *Theories of psychotherapy and counseling: Concepts and cases* (3rd ed.). Belmont, CA: Wadsworth.
- Evans, D. R, Hearn, M. T., Uhlemann, M. R., & Ivey, A. E. (2004). *Essential interviewing: A programmed approach to effective communication* (6th ed.). Belmont, CA: Brooks/Cole.
- Goldenberg, I, & Goldenberg, H. (2003). *Family therapy: An overview* (6th ed.). Pacific Grove, CA: Brooks/Cole.
- Nichols, M., & Schwartz, R. C. (2004). *Family therapy: Concepts and methods* (6th ed.). Boston: Allyn & Bacon.
- Thompson, C. L., & Rudolph, L. B., & Henderson, D. A. (2004). *Counseling children* (6th ed.). Belmont, CA: Wadsworth.
- Young, M. E. (2001). *Learning the art of helping: Building blocks and techniques* (2nd ed.). Columbus, OH: Merrill-Prentice Hall.

Counselor Preparation Comprehensive Examination (CPCE) Textbook List

Group Work

- Corey, G. (2004). *Theory and practice of group counseling* (6th ed.). Pacific Grove, CA: Brooks/Cole.
- Corey, G., & Corey, M. S. (2002). *Groups: process and practice* (6th ed.). Pacific Grove, CA: Brooks/Cole.
- Yalom, I. D. (1995). *Theory and practice of group psychotherapy* (4th ed.). New York: Basic Books.
- Corey, G. (2000). *Student manual for theory and practice of group counseling* (5th ed.). Pacific Grove, CA: Brooks/Cole.
- Capuzzi, D., & Gross, D. R. (Eds.). (2001). *Introduction to group counseling* (2nd ed.). Denver, CO: Love.
- Gladding, S. (2002). *Group work: A counseling specialty* (4th ed.). Englewood Cliffs, NJ: Prentice Hall.

Career and Lifestyle Development

- Zunker, V. G. (2002). *Career counseling: Applied concepts for life planning* (6th ed.). Belmont, CA: Wadsworth.
- Sharf, R. (2002). *Applying career development theory to counseling* (3rd ed.). Pacific Grove, CA: Brooks/Cole.
- Brown, D. (2003). *Career information, career counseling, and career development* (8th ed.). Boston: Allyn & Bacon.
- Herr, E. L., & Cramer, S. H., & Niles, S. G. (2004). *Career guidance and counseling through the lifespan: Systematic approaches* (5th ed.). Boston: Allyn & Bacon.
- Zunker, V. G., & Osborn, D. S. (2002). *Using assessment results for career development* (6th ed.). Belmont, CA: Wadsworth.
- Niles, S. G., & Harris-Bowlesby, J. (2002). *Career development interventions in the 21st century*. Englewood Cliffs, NJ: Prentice-Hall.

Counselor Preparation Comprehensive Examination (CPCE) Textbook List

Appraisal

- American Psychiatric Association. (2000). *DSM-IV-TR; Diagnostic and statistical manual of mental disorders, text revised*. Washington, DC: Author.
- Drummond, R. J. (2003). *Appraisal procedures for counselors and helping professionals* (5th ed.). Englewood Cliffs, NJ: Prentice-Hall.
- Anastasi, A., & Urbina, S. (1996). *Psychological testing* (7th ed.). New York: Prentice Hall.
- Cohen, R. J., & Swerdik, M. E. (2001). *Psychological testing and assessment: An introduction to tests and measurement* (5th ed.). New York: McGraw-Hill.
- Hood, A. B., & Johnson, R. W. (2002). *Assessment in counseling: A guide to the use of psychological assessment procedures* (3rd ed.). Alexandria, VA: American Counseling Association.
- Walsh, W. B., & Betz, N. E. (2000). *Tests and assessment* (4th ed.). Englewood Cliffs, NJ: Prentice-Hall.
- Kaplan, R. M., & Saccuzzo, D. P. (2004). *Psychological testing: Principles, applications, and issues* (6th ed.). Belmont, CA: Wadsworth.
- Whiston, S.C. (2005). *Principles & applications of assessment in counseling* (2nd ed.). Belmont, CA: Wadsworth.

Research and Program Evaluation

- American Psychological Association. (2001). *Publication manual of the American Psychological Association* (5th ed.). Washington, DC: Author.
- Heppner, P. P., & Kivlighan, D. M., & Wampold, B. E. (1998). *Research design in counseling* (2nd ed.). Pacific Grove, CA: Brooks/Cole.

Counselor Preparation Comprehensive Examination (CPCE) Textbook List

Professional Orientation & Ethics

- American Counseling Association. (1995). *Code of ethics and standards of practice*. Alexandria, VA: Author.
- Corey, G., Corey, M. S., & Callanan, P. (2003). *Issues and ethics in the helping professions* (6th ed.). Pacific Grove, CA: Brooks/Cole.
- American Psychiatric Association. (2000). *DSM-IV-TR; Diagnostic and statistical manual of mental disorders, text revised*. Washington, DC: Author.
- Gladding, S. (2004). *Counseling: A comprehensive profession* (4th ed.). Englewood Cliffs, NJ: Merrill.
- Herlihy, B., & Corey, G. (1996). *Ethical standards casebook* (5th ed.). Alexandria, VA: American Counseling Association.
- Remley, T. P., Huey, W. C., & Hermann, M. A. (Eds). (2003). *Ethical and legal issues in school counseling* (2nd ed.). Alexandria, VA: American School Counselor Association.
- American Psychological Association. (2001). *Publication manual of the American Psychological Association* (5th ed.). Washington, DC: Author.
- Brown, D. & Srebalus, D. J. (2003). *Introduction to the counseling profession* (3rd ed.). Boston: Allyn & Bacon.
- Gysbers, N. C. & Henderson, P. (2000). *Developing and managing your school guidance program* (3rd ed.). Alexandria, VA: American Counseling Association.
- Morrison, J. (1995). *The first interview: Revised for the DSM-IV*. New York, NY: Guilford Press.
- Neukrug, E. (2003). *The world of the counselor: An introduction to the counseling profession* (2nd ed.). New York: Oxford.
- Erford, B. T. (2003). *Transforming the school counseling profession*. Upper Saddle River, NJ: Merrill Prentice-Hall.
- Remly, T. P., & Herlihy, B. (2001). *Ethical, legal, and professional issues in counseling*. Upper Saddle River, NJ: Merrill Prentice-Hall.