

COMMUNITY COUNSELING

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Coordinator, Community Counseling Program



The Community Counseling Program is housed in the Department of Education and Allied Studies. The interdisciplinary program is designed for those who wish to acquire counseling knowledge and skills to apply to clinical, community, and private practice settings.

The mission of the Community Counseling Program is to create professional counselors who embody the Ignatian essence of “persons for others.”

The Community Counseling master’s program consists of 60 semester hours of graduate studies and is designed to meet the current academic requirements of the State of Ohio Counselor, Social Worker, and Marriage and Family Therapist Board for the licenses Professional Counselor (PC) and Professional Clinical Counselor (PCC). Further, the degree meets the academic requirements of the National Board for Certified Counselors for National Counselor Certification (NCC).

The Community Counseling master’s degree program is approved by the State of Ohio Counselor, Social Worker, and Marriage and Family Therapist Board. The program is accredited by the Council on Accreditation of Counseling and Related Educational Programs (CACREP).

The program is designed to meet the needs of the part-time student while also accommodating full-time study. A Program Coordinator guides the direction of the degree program. The committee on the Community Counseling Program is made up of the Coordinator; representatives from the departments of Education and Allied Studies, Psychology, and Sociology; professional staff; a program graduate; and a current student. This committee advises the Graduate Dean on program policy.

John Carroll University maintains the award-winning Beta Chi Chapter of Chi Sigma Iota International Counseling Honorary Society.

COMMUNITY COUNSELING

Master of Arts in Community Counseling

The M.A. in Community Counseling is designed to meet the academic requirements of the State of Ohio Counselor, Social Worker, and Marriage and Family Therapist Board for the licenses Professional Counselor (PC) and Professional Clinical Counselor (PCC).

Counselors licensed as PCCs function at an independent practice level, which allows them to diagnose and treat mental and emotional disorders without supervision. Additionally, with the supervision designation, they may supervise other counselors and maintain a private practice.

Admission Requirements

Applicants are required to have

- An undergraduate major in a recognized area, together with advanced undergraduate course work (12-18 semester hours) in the social and behavioral sciences, including course work in psychology, sociology or teacher certification. Applicants who do not have prerequisites, or who do not have prerequisites for specific graduate courses, will be required to make up deficiencies.
- A 2.75 (4.0 scale) cumulative grade-point average in undergraduate course work.
- A satisfactory score on the Miller Analogies Test (MAT) or on the Graduate Record Examination (GRE).
- Three current letters of recommendation from persons familiar with the applicant's academic work, professional work, vocational commitment, and suitability for the role of counselor.
- A letter of intention from the applicant outlining career objectives and goals.
- Evidence of work or volunteer experience. The applicant should submit a letter detailing such experience at the time of initial application for admission.
- A program survey.
- A personal interview.

The MAT (or GRE) score, letters of recommendation, letter of intention, and summary of experience should be submitted to the Dean of The Graduate School. **No application will be evaluated until all of the materials listed above along with a Graduate School Application form and appropriate official transcripts are submitted.**

Application to the program closes on August 15 for the fall semester, January 3 for the spring semester, and June 1 for the summer session.

It should be noted that the program is not intended to supplant personal psychotherapy. A copy of retention policies is available in the Community Counseling office. These policies pertain specifically to this program and exceed Graduate School requirements.

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Students must bear in mind that academic requirements are only part of the overall licensure requirements, which also include an application procedure, state examinations, and verified clinical work experience. These licensure requirements are met after the conferral of the M.A. degree in Community Counseling.

Sequence of Courses

CORE SEQUENCE

I.	Orientation to Community Counseling (3 hrs.)	HU 500
II.	Research and Evaluation (3 hrs.)	ED 502*
III.	Group Dynamics, Processing, and Counseling (3 hrs.)	ED 535
IV.	Appraisal of the Individual (3 hrs.)	ED 530
V.	Counseling Theory (3 hrs.)	HU 561 or ED 511
VI.	Counseling Techniques (3 hrs.)	HU 562 or ED 512
VII.	Human Growth and Development (3 hrs.)	HU 505 or ED 532
VIII.	Social and Cultural Foundations (3 hrs.)	ED 453* or SC 490
IX.	Life-Style and Career Development (3 hrs.)	ED 531

CLINICAL SEQUENCE

X.	Psychopathology (3 hrs.)	PS 457*
XI.	Evaluation of Mental and Emotional Status (3 hrs.)	HU 571
XII.	Diagnosis of Mental and Emotional Disorders (3 hrs.)	HU 572
XIII.	Methods of Intervention, Prevention, and Ethics (3 hrs.)	HU 573
XIV.	Treatment of Mental and Emotional Disorders (3 hrs.)	HU 574

FIELD EXPERIENCE SEQUENCE

XV.	Practicum in Counseling (3 hrs.)	HU 592
XVI.	Internship in Counseling (6 hrs.)	HU 596

ELECTIVES

XVII.	Electives (9 hrs.)**	
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* Special sections offered for Community Counseling students only.

** Nine hours of electives must be approved by the advisor and include courses related to the student's professional work. Courses are to be selected from among graduate offerings in appropriate departments. Specialty areas are available in chemical dependency and psychoeducational testing, among others.

A supervised Practicum (HU 592) followed by an Internship (HU 596) are actual site-based experiences in professional counseling under the direction of an on-site supervisor who is a licensed professional clinical counselor with supervision designation. These courses require 100 hours of Practicum experience and 600 hours of Internship experience and together carry 9 hours of credit. Under certain conditions the Practicum and Internship may be performed at the place of employment. (See the descriptive handout available in the Community Counseling office for details.)

The student must apply for Practicum (HU 592) and Internship (HU 596) in Community Counseling by October 1 for the spring semester; by March 1 for the fall semester. Practicum (HU 592) and Internship (HU 596) are not available in the summer session. Ordinarily, HU 592 followed by HU 596 are the final courses in the student's program. In each instance, placement is subject to University approval. The University will not approve Practicum or Internship placements in situations that violate human rights, demean human dignity, or operate according to principles directly opposed to those for which the University as a Catholic institution must stand. At least 45 of the total 60 hours must be in 500-level courses.

The final examination requirement is satisfied through successful completion of the Master's Comprehensive Examination. The Master's Comprehensive Examination is taken prior to the Internship placement. A guide to the Master's Comprehensive Examination is available in the Community Counseling office.

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Community Counseling (HU) courses are 500-level courses designed to apply to the Community Counseling Program only. For 400- and 500-level courses in Education which may apply to the Community Counseling Program, refer to the course listings in this *Bulletin* under Education and Allied Studies. Listed below are 400-level courses in Psychology and Sociology which may apply to the program. Other 400- and 500-level courses in other departments may apply to the program as well but are subject to the approval of the advisor, the Program Coordinator, and the Dean of the Graduate School, upon petition. In all instances, prerequisites to courses are to be observed.

COURSE DESCRIPTIONS

HU 500. ORIENTATION TO COMMUNITY COUNSELING 3 cr. Introduction to the professional, legal, and ethical responsibilities of community counselors, including professional roles and functions. Includes a course work overview, professional goals and objectives, professional organizations, history and trends, preparation standards, and credentialing. Methods of instruction include lectures, discussion, small group work, experiential exercises, videos, guest speakers, introduction to library and technology. Normally the first course in the program sequence.

HU 505. HUMAN GROWTH AND DEVELOPMENT 3 cr. Study of human growth and development throughout lifespan. Includes theories of learning, personality development, human behavior, as well as multicultural, ethical and legal considerations.

HU 561. COUNSELING THEORIES 3 cr. Basic principles and theories of counseling with emphasis on counselor behavior and its effect on counseling outcomes. Includes philosophic bases of helping processes and counselor characteristics.

HU 562. COUNSELING TECHNIQUES AND PRACTICE 3 cr. Prerequisite: HU 561 or ED 511 or permission. Emphasis on the application of the theoretical principles involved in individual, group, and family counseling, consulting and psychotherapy, skill-building, and interviewing. Seminar format with role-playing, practical experience, basic interviewing, assessment, and counseling skills. Course also covers DSM introduction, examination of counselor and client characteristics and behaviors, and ethical considerations. Methods of instruction include lectures, experiential exercises, discussion, small group work, demonstrations, role-plays, and videotaping with critiquing and audiovisual aides.

HU 571. CLINICAL EVALUATION 3 cr. Prerequisite: HU 562 or ED 512 and ED 530 or equivalent. Assessment procedures in diagnosis and treatment planning. Focuses on administering and interpreting individual and group standardized (and un-standardized) tests of mental ability and personality measurement; also, factors that relate to specific populations, ethical and legal considerations, and historical perspectives.

HU 572. CLINICAL DIAGNOSIS 3 cr. Prerequisite: HU 562 or ED 512. Includes appropriate use of the current edition of the *Diagnostic and Statistical Manual for Mental Disorders* and other nosologies. Focuses on conducting mental-status examinations and on the framework for identifying symptomatology, etiology, and dynamics of mental and emotional disorders, issues of diversity, case conceptualization, assessment, diagnosis, ethical and legal considerations.

HU 573. CLINICAL INTERVENTION, PREVENTION AND ETHICS 3 cr. Prerequisite: HU 562 or ED 512. Focuses on methods of intervention, including techniques used with diverse populations and situations. Emphasis on counselor ethics and legalities. Includes clinical supervision, program development, and consultation.

HU 574. CLINICAL TREATMENT METHODS 3 cr. Prerequisite: HU 562 or ED 512. Focuses on diagnostic issues, case conceptualization, issues of diversity, developing and implementing a treatment plan, reporting and assessing progress of treatment, referral procedures, formulating timelines for treatment, and psychotropic medications and mood-altering chemical agents in the treatment of mental and emotional disorders.

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HU 580. SPECIAL TOPICS IN COMMUNITY COUNSELING 1-3 cr. In-depth study of a topic in workshop form.

HU 581. INDEPENDENT STUDY 1-3 cr. Individual project under supervision. Approval of program coordinator and graduate dean required.

HU 592. PRACTICUM IN COUNSELING 3 cr. Prerequisite: HU 562. Placement under supervision in an applied counseling setting. 100 placement hours (40 in direct client contact: 30 individual, 10 group hours). Application of appropriate treatment modalities and understanding of service provision paradigms. Includes video and audio taping, individual and group supervision, case consultation, and legal and ethical issues. Employs the latest in instructional technology.

HU 596. INTERNSHIP IN COUNSELING 6 cr. Prerequisite: HU 592. Placement under supervision in an appropriate setting. 600 placement hours (240 in direct client contact). Regular on-campus seminar meetings. Includes client advocacy and outreach, referral processes, case conceptualization, and legal and ethical issues. Provides opportunities for using assessment instruments, technology, and research in a field setting. Video and audio taping. Prior application and successful completion of Master's Comprehensive Examination are required.

COURSES IN OTHER DEPARTMENTS

PS 457. PSYCHOPATHOLOGY 3 cr. Historical theories and controversies about psychopathology and the etiology and symptoms of selected categories of emotional disturbance, with special reference to the current *Diagnostic and Statistical Manual for Mental Disorders*. Diversity issues, ethical and legal issues. Factors related to assessment and evaluation of clients included.

PS 495. SPECIAL TOPICS IN PSYCHOLOGY 3 cr. Series of courses in a variety of special topics in psychology.

SC 485. ISSUES IN COUNSELING THE ELDERLY 3 cr. Special emphasis on intergenerational issues with older families; community and long-term topics; counseling practice. Cross-listed as HU 580G.

SC 490. SOCIAL AND CULTURAL FOUNDATIONS OF COUNSELING 3 cr. Designed to lead the student to a better understanding of counseling in contemporary America. Ethnicity/ race relations, social class effects, ageism, changing roles of women, sexual orientation, cultural mores, and their relevance to counselor-client relations.

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